

# Breakfast/Lunch Menus

## September 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>B—Breakfast Menu L—Lunch Menu</i>	<i>Menu subject to change without notice. All meals include half pint of milk. Extra bread and butter</i>		1 B - Scrambled Eggs, Toast or Cereal/Toast, juice, milk L - Runsa Casserole, corn, no bake cookie, peaches	2 B - Pancakes, Sausage or Cereal/Sausage, juice, milk L - Hamburger on Bun, french fries, celery w/peanut butter, watermelon	3 B - Cinnamon Toast or Cereal/Fruit, juice, milk L - Sloppy Joes, green beans, lettuce salad, pears	4
5	6 <b>NO SCHOOL Labor Day</b>	7 B - Mozzie Cheese Toast or Cereal/Fruit, juice, milk L - Chicken Gravy Over Biscuits or Bread, peas, carrot sticks, peaches	8 B - Cereal, Toast, Fruit, juice, milk L - Ham Patty, tator gems, green beans, applesauce	9 B - Donut, Yogurt or Cereal/Yogurt, juice, milk L - Nachos, corn, celery w/peanut butter, pears	10 B - French Toast Sticks, Sausage or Cereal/Sausage, juice, milk L - Spaghetti, lettuce salad, garlic bread, mixed fruit	11
12	13 B - Pancakes, Sausage or Cereal/Sausage, juice, milk L - Chicken Patty w/bun, mashed potatoes & gravy, corn, peaches	14 B - Scrambled Eggs, Toast or Cereal/Toast, juice, milk L - Potato Bake, ham or tuna salad sandwich, string cheese, pears	15 B - Toaster Pastry or Cereal/Fruit, juice, milk L - Turkey & Cheese Sandwich, french fries, green beans, applesauce	16 B - Cereal, Fruit, Toast, juice, milk L - Mini Corn Dogs, mixed vegetable or broccoli w/cheese, lettuce salad, watermelon	17 B - Breakfast Pizza or Cereal/Fruit, juice, milk L - Burritos, peas, chips w/salsa, pineapple tidbits	18
19	20 B - Mozzie Cheese Toast or Cereal/Fruit, juice, milk L - Goulash, green beans, tea rolls w/jelly, applesauce	21 B - Donut, Yogurt or Cereal/Yogurt, juice, milk L - Submarines, tator gems, gelatin, pears	22 B - Cinnamon Toast or Cereal/Fruit, juice, milk L - Chicken Nuggets, mashed potatoes w/ gravy, corn, peaches	23 <b>NO SCHOOL Parent-Teacher Conferences</b>	24 B - Cereal, Fruit, Toast, juice, milk L - Beef & Noodles, peas, bread & butter, mixed fruit	25
26	27 B - Cereal, Toast, Fruit, juice, milk L - Hot Dogs, baked beans or sauerkraut, green beans, pears	28 B - Pancakes, Sausage or Cereal/Sausage, juice, milk L - Meatballs, french fries, breadsticks w/ranch dressing, applesauce	29 <b>NO SCHOOL Teacher In Service</b>	30 B - Scrambled Eggs, Toast or Cereal/Toast, juice, milk L - Chicken Fajita, peas, rice, peaches		